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Sponsored by
Blue River-Kansas City,
Clay-Platte and
Kansas City Kansas
Baptist Associations

Senior Adult Rally

Monday, October 12

10:00 a.m. to 1:30 p.m.

First Baptist Church, Raytown, MO

10500 Hiway 350

Choose 2 classes to attend from the 4 that are offered, then enjoy a great lunch followed by an entertaining program by "Grandpa John" Gorham from LaPlata, MO. You'll laugh yourself silly at the songs this preacher has written about 'church folk.'

The morning will begin with an opening session in the Atrium of the church followed by class sessions at 10:20 and 11:10. Each class session will be forty minutes of helpful and inspiring information designed for seniors and senior adult groups.

Lunch is \$7.00 per person and will include salad, entree, and drink. **Reservations for lunch need to be made by Friday, October 9 by calling 816-795-1822** (ask for Lisa) and let us know how many will be coming from your church. Individual reservations can be made at the same number. You will pay for the meal as you go through the serving line at noon.

Classes

Session 1, 10:20 – 11:00

Session 2, 11:10 – 11:50

- *Day Trips and Program Ideas*, Bruce Marston, Grace Point B.C.
- *Things Your Children Need to Know: End of Life Issues*, Deborah Hallauer, Pleasant Valley B.C.
- *Computer Skills for Seniors*, Jason Allen, LifeConnections Church
- *Nutrition for Seniors*, Barbara McDermott, Hy-Vee Food Stores, Inc.

